

11 DAY CULTURAL TOUR

SPIRIT OF NEPAL

\$2199

PER
PERSON
TWIN
SHARE

KATHMANDU • POKHARA • SARANGKOT • CHITWAN NATIONAL PARK

THE OFFER

Few can resist the charms of Nepal, with its soaring mountains, isolated monasteries and historic temples. From the capital of Kathmandu, once believed to be the fabled Shangri-La, to Chitwan National Park and the mighty Himalayas, Nepal is a haven of spirituality waiting to be explored.

This 11 day tour is a chance to deep-dive into the Nepalese way of life, exploring vibrant cities and bustling marketplaces, remote villages and serene temples. Visit the sacred Swayambhunath temple of Kathmandu, better known as the 'Monkey Temple' thanks to its cheeky residents; savour the sights and sounds of colourful Durbar Square; and step back in time in the ancient city of Bhaktapur. Experience a three-hour guided trek from Sarangkot to Naudanda; admire a stunning Himalayan sunrise over Pokhara; visit Gupteshwar Mahadev Cave and the cascading Davis Falls; scout for tigers, elephants and leopards in Chitwan National Park and much more!

This once-in-a-lifetime cultural odyssey also includes return international flights, nine nights accommodation (standard or premium option available), and English-speaking guides.

STANDARD PACKAGE

\$2199

PREMIUM PACKAGE

\$2599

**Trip
aDeal**
Est. 2011

Offer available for a limited time or until sold out. TRIP A DEAL PTY LTD: 50149240433

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THE ITINERARY

Day 1 Australia - Kathmandu, Nepal

Today depart from Sydney, Melbourne, Brisbane, *Adelaide or Perth for Kathmandu, Nepal. On arrival, be met and transferred to your hotel for check in and a briefing about your tour.

Please note:

- Due to flight scheduling and availability, some departures may occur on day 0. Affected customers will be required to be at the airport the day before.
- Some Perth departures may require a long stopover in Singapore. Lounge passes are available for purchase from our friendly reservations team on 135 777.
- Flight times will be indicated on your final documents 4 - 6 weeks prior to departure.

Overnight: Standard or Premium Hotel, Kathmandu

Meals included: In-Flight

Day 2 Kathmandu Full Day Sightseeing Tour

Enjoy breakfast at the hotel before setting off on a full day sightseeing tour of Kathmandu. The tour will take in two iconic local attractions, Patan Durbar Square and Swayambhunath Stupa (Monkey Temple). Patan Durbar Square, in the centre of the city of Lalitpur within Kathmandu, is renowned for its Buddhist and Hindu temples - striking even while post-2015 earthquake repairs are still being carried out. In the afternoon, you will visit the beautiful Swayambhunath Stupa (Monkey Temple); the largest and holiest Tibetan Buddhist temple outside Tibet. Once the tour concludes, return to the hotel and enjoy your evening at leisure.

Those who are hungry for more exploration can take the opportunity to join an optional Everest mountain flight (not included), which can be booked directly with the tour operator.

Overnight: Standard or Premium Hotel, Kathmandu

Meals included: Breakfast

Day 3 Kathmandu - Pokhara (approx. 210 kms)

After breakfast, depart Kathmandu for Pokhara. The drive along the Trisuli and Marsyangdi Rivers is incredibly scenic as the road winds out of Kathmandu Valley. Look out for the Ganesh Himal and Manaslu peaks. After around six hours you will arrive into Pokhara, on the foreshore of beautiful Lake Phewa. Both a bustling regional hub and a tourist paradise, Pokhara has Buddhist and Hindu cultural heritage sites, lakes, caves and temples, all overlooked by the immense Annapurna Range. After check in, enjoy the evening at leisure.

For those who would prefer to skip the drive, an optional flight to Pokhara (approx. 30 mins) can be booked through the tour operator (not included).

Overnight: Standard or Premium Hotel, Pokhara

Meals included: Breakfast

Day 4 Pokhara - Naudanda - Pokhara (approx. 9kms)

It's an early morning start today, with a drive to Sarangkot - a beautiful hill famous for its sunrise over the Himalayas. Enjoy stunning views of Annapurna, Fishtail and many other peaks as the sun starts to shine on the day (weather permitting). Have breakfast at the hotel in Sarangkot before walking to Naudada.

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The hike takes about three hours on a level path, revealing stunning views of both the Annapurna Ranges above and Lake Phewa and Pokhara below. Later, be driven from Naudada back to Pokhara, with free time to explore the town on your own in the evening.

For those who do not wish to participate in the walk, there will be the option to stay with the vehicle.

Overnight: Standard or Premium Hotel, Pokhara

Meals included: Breakfast

Day 5 Pokhara - Peace Stupa Pokhara (approx. 3kms)

After breakfast at the hotel in Pokhara, experience a boat ride across Phewa Lake. Next, enjoy a hike (approx. one hour) to the World Peace Stupa, where you can experience fantastic views of the Lake, Himalayas and Pokhara valley. Afterwards, enjoy a walk down to Davis Falls and Gupteshwar Mahadev Cave. Finally, be driven back to Pokhara. The afternoon is free to relax or wander the lakeside streets and markets.

For those who do not wish to walk, there will be the option to stay with the vehicle, though the lake crossing by boat will not be available.

Overnight: Standard or Premium Hotel, Pokhara

Meals included: Breakfast

Day 6 Pokhara - Chitwan (approx. 160 kms)

After an early morning breakfast at the hotel, be driven to south Chitwan National Park. Check-in to the comfortable jungle lodge and embark on a tour of Tharu village in the evening. Afterwards enjoy dinner and relaxation at the lodge.

Overnight: Standard or Premium Lodge, Chitwan

Meals included: Breakfast;Lunch;Dinner

Day 7 Chitwan National Park

Enjoy breakfast at the lodge amidst the sweet chirping of birds, and then set out for a full day of jungle activities. The Chitwan National Park is home to more than 700 species of wildlife, and around 68 different species of mammals. Search for Bengal tigers, leopards, elephants and more as you explore the park with your guide. In the evening during dinner, be entertained by an exciting Tharu cultural stick dance.

Overnight: Standard or Premium Lodge, Chitwan

Meals included: Breakfast;Lunch;Dinner

Day 8 Chitwan - Kathmandu (approx. 160kms)

After breakfast at the lodge, enjoy an interesting bird watching tour before the scenic drive back into Kathmandu Valley (approx. six hours). Check-in to your central Kathmandu hotel and enjoy a night in Nepal's vibrant capital.

Overnight: Standard or Premium Hotel, Kathmandu

Meals included: Breakfast

Day 9 Kathmandu - Bhaktapur - Kathmandu (approx. 16km return)

After breakfast at the hotel in Kathmandu, set out for a day tour to Bhaktapur, about 8kms out of the city. Bhaktapur has three major squares full of towering temples. Collectively, they comprise some of the finest religious architecture in the country, even after the 2015 earthquake, which damaged much of the region. Thankfully only three of the dozens of striking ancient structures were destroyed. Cultural life is also proudly on display within the town. Wander the narrow

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alleys, where artisans weave cloth and chisel timber, squares are filled with drying pots, and locals gather in courtyards to bathe, collect water, play cards and socialise. On return to Kathmandu, have dinner together with your group to celebrate the final night of your Nepal journey!

Overnight: Standard or Premium Hotel, Kathmandu

Meals included: Breakfast;Dinner

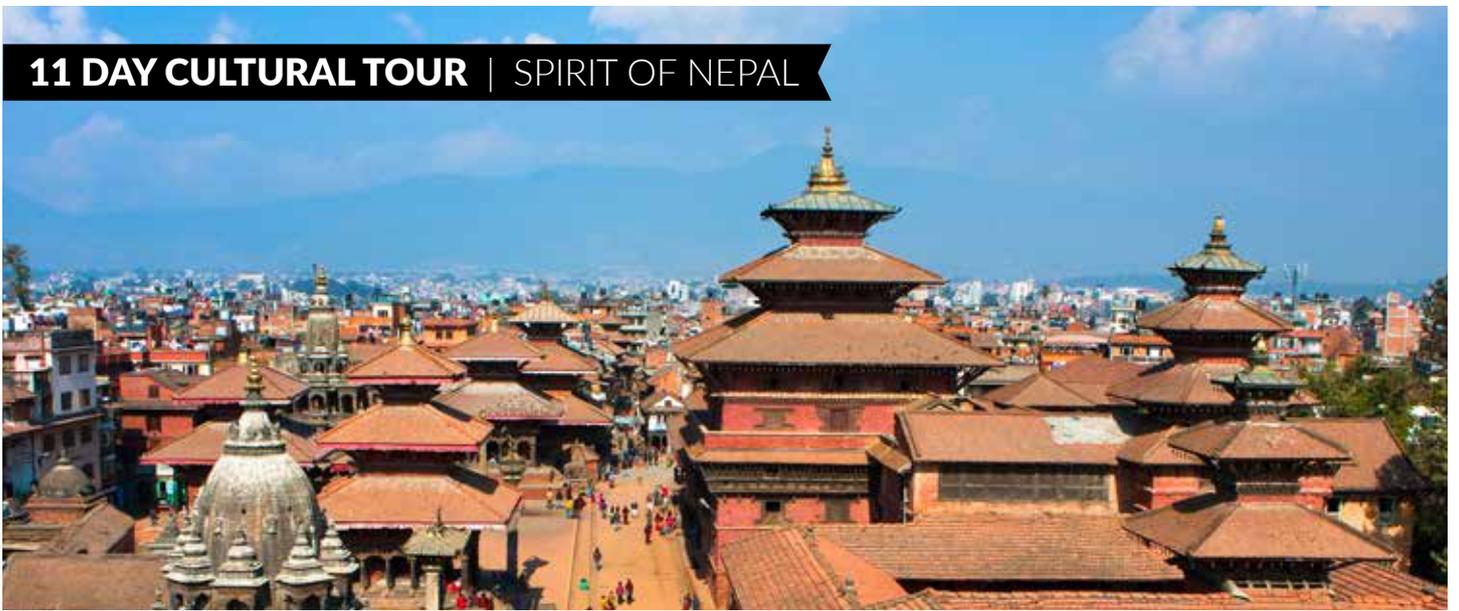
Day 10 Kathmandu, Nepal - Australia

Check out this morning and be transferred to the airport for your flight home.

Meals included: Breakfast;In-Flight

Day 11 Arrive in Australia

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TOUR INCLUSIONS

HIGHLIGHTS

Explore Kathmandu, Pokhara, Bhaktapur and more

Visit the sacred Swayambhunath 'Monkey Temple'

Explore colourful Durbar Square in Kathmandu

Enjoy a 3-hour guided trek from Sarangkot to Naudanda

Relax on a boat ride across stunning Lake Phewa

Enjoy a 1-hour hike to Pokhara World Peace Stupa

Admire the magical sunrise over Pokhara from Sarangkot Hill

Scout for tigers, elephants and leopards in Chitwan National Park

Seek out the birdlife of Chitwan on a guided tour

Visit Davis Falls and Gupteshwar Mahadev Cave

Step back in time in the ancient city of Bhaktapur

FLIGHTS

Return international flights (economy class) ex SYD/MEL/
BNE/*ADL/PER

ACCOMMODATION

9 nights accommodation (standard or premium option)

DINING

Enjoy 14 meals including a farewell dinner

TOUR ESSENTIALS

English-speaking tour guides

TRANSPORT

Transportation by private A/C vehicles

TRANSFERS

Return airport transfers

IMPORTANT INFORMATION

*Please note: all information provided in this brochure is subject to both change and availability. Prior to purchase please check the current deal for up-to-date information. If you have already purchased this deal, the terms and conditions on your Purchase Confirmation apply and take precedence over the information in this brochure.

BOOKING INFORMATION

After purchase, you will receive a receipt and a Purchase Confirmation, directing you to an online Passenger Information Form. The Passenger Information Form must be completed within 72 hours of purchase.

Any special requests, preferences and optional extras MUST be clearly stated in your Passenger Information Form. Any change requested after submitting your Passenger Information Form cannot be guaranteed, is strictly subject to availability and will incur surcharges as outlined in the Schedule of Fees below.

On purchasing this Travel Offer you are bound by the General Terms and Conditions, in addition to the specific terms and conditions outlined in this Important Information.

Please note: all additional charges are payable direct to your Travel Consultant in AUD (unless otherwise stated).

OFFER ESSENTIALS

Travel offer is valid for travel on selected dates until the 6th of December 2022.

This travel offer is priced for one person based on twin share.

Single Traveller Supplement

For solo travellers a mandatory single supplement applies:

- Standard Package: \$350
- Premium Package: \$600

Departure Dates (2020)

Please see the TripADeal website for current departure dates.

Surcharges

Please note:

- Dates/months with a * incur a flight high season surcharge of \$250 per person.
- Dates/months with a ^ incur a flight peak season surcharge of \$350 per person.

Departure Cities

Sydney, Melbourne, Brisbane, *Adelaide or Perth

Departure City Surcharges

*Adelaide: \$100 per person

FLIGHTS

Full Service Airline(s) Used

Singapore Airlines, Malaysia Airlines, China Southern Airlines, Thai Airways, Vietnam Airlines, Cathay Pacific, Qantas Airways, Emirates, Virgin Australia, Malindo Air, Korean Airlines, Japan Airlines, China Airlines, Bangkok Airways and codeshare partners (subject to availability)

Please note: One way flights can not be accommodated. Travellers must take all included flights within the package, and any flights intentionally forfeited will result in later flights being subject to cancellation.

Arrive early in Kathmandu, Nepal

\$200 per person, subject to availability

Please note:

- This fee does not include extra nights accommodation, meals or airport transfers.
- No flight booking changes or cancellations permitted after air tickets have been issued.
- Flight changes are subject to availability at the time of booking.
- Blackout Dates:
 - * 10 December 2020 - 20 January 2021
 - * 11 February 2021 - 17 February 2021

- * 31 March 2021 - 18 April 2021
- * 26 June 2021 - 18 July 2021
- * 17 September 2021 - 11 October 2021
- * 1 November 2021 - 7 November 2021
- * 6 December 2021 - 6 February 2022
- * 30 March 2022 - 28 April 2022
- * 23 June 2022 - 23 July 2022
- * 15 September 2022 - 15 October 2022
- * 23 October 2022 - 27 October 2022
- * 8 December 2022 - 28 January 2023

Stay behind in Kathmandu, Nepal

\$200 per person, subject to availability

Please note:

- This fee does not include extra nights accommodation, meals or airport transfers.
- No flight booking changes or cancellations permitted after air tickets have been issued.
- Flight changes are subject to availability at the time of booking.
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 - * 15 September 2022 - 15 October 2022
 - * 23 October 2022 - 27 October 2022
 - * 8 December 2022 - 28 January 2023

Stopover Packages

Not Available

Flight Class Upgrades



IMPORTANT INFORMATION

- Premium Economy: Not Available
- Business Class (International Sectors Only): *Starting from \$3599 per person

Please note:

- *Starting from quotes will be processed and returned for your consideration.
- All Premium Economy and Business Class upgrades are subject to availability (if we are not able to fulfill your business class request the upgrade cost will be refunded).
- On any upgrade purchase, short haul flights and domestic flight sectors are not guaranteed in a Premium or Business cabin; subject to aircraft configuration.

ACCOMMODATION

Accommodation Used

Standard Package: 3 Star (self-rated)

Kathmandu: Hotel Samsara Resort or similar

Pokhara: Hotel Splendid View or similar

Chitwan: Hotel Rhino Land Lodge or similar

Premium Package: 4 Star (self-rated)

Kathmandu: Nepali Ghar or similar

Pokhara: Atithi Resort or similar

Chitwan: Green Park or similar

Please note: Accommodation/rooms offered are based on a lead-in room type, and are subject to availability based on seasonality. Properties will be confirmed, no later than two weeks prior to travel.

Extra Nights

Pre and Post Tour Kathmandu

- Standard: \$120 per room per night, including breakfast and transfers
- Premium: \$200 per room per night, including breakfast and transfers

Please note: extra nights are subject to availability until the time of booking.

Maximum Room Capacity

3 People (subject to availability).

Child Policy

- No child discounts. Full price applies for all children travelling with their parents.
- Valid for Children 10 years old and over.

Please note: Children must be accompanied by a responsible adult 18 years old and over to travel. No unaccompanied minors allowed.

Triple Share

No discounts apply for 3rd person travelling. Full price applies, subject to availability.

Please note: Triple shares may be required to share existing bedding.

Bedding Configuration

Twin or Double bedding (subject to availability).

Adjoining / Interconnecting Rooms

Subject to availability and at the hotels discretion. Please enquire on booking if you require this option.

GENERAL TOUR INFORMATION

Minimum group size 4, maximum group size 20 per vehicle.

Optional Tours / Activities

Day 2: Everest Scenic Flight: \$250 USD

Day 3: Flight to Pokhara: \$130 USD

Please note:

- Prices are based on per person, are subject to availability, time permitting and weather conditions, and are payable direct to the tour operator in the currency specified
- Some tours require minimum numbers to operate.

EXCLUSIONS

- Visa fees and requirements (A tourist

visa is a strict requirement if travelling on an Australian passport)

- Meals/beverages not stated in the itinerary
- Recommended gratuities/tipping \$6 AUD per day
- Optional activities/tours (Kathmandu City Tour): Approx \$25USD
- Personal expenses
- Travel insurance (Mandatory)

Please note: A comprehensive travel Insurance policy must be organised BEFORE all details can be finalised.

OTHER IMPORTANT INFORMATION

TOUR GUIDE VS. TOUR LEADER

Tour Guide:

Often locals with intimate knowledge of an area, its culture, and history. Their role entails providing commentary, routing the tour, and seeing that people have a good time. They are a licensed, qualified expert who supplies specific information on history, art, architecture and culture of the city/village/attraction in which he or she is guiding the tour. The guide meets the group at the required place and leaves the group at the end of the tour, they do not travel with the group.

Tour Leader:

An experienced person tasked with ensuring the smooth operation of tours, as well as providing practical support to passengers throughout the whole trip. Their role primarily includes assisting with accommodation, transportation between locations, and communication with tour guides in each stop. A tour leader may provide general guidance around a city or village, and offer information on the place visited on the bus, however they are not required to have specific knowledge on art, architecture, or history. They are not allowed to provide a guided tour or commentary of a city/village/attraction

IMPORTANT INFORMATION

once there and if caught doing so, can be fined.

Please note: Tour leaders/guides are not a standard inclusion in all travel offers. Tour leaders/guides will only be made available when particularly required to enhance the experience of the destination featured.

CLIMATE & AVERAGE TEMPERATURES

Nepal:

June is the hottest month in Kathmandu with an average temperature of 23°C and the coldest is January at around 9°C. The most daily sunshine hours fall in April with average temperatures of around 12°C whilst the wettest month is typically July with an average of 325 mm of rain and average temperatures 24°C.

FLIGHTS

Seat Selection & Frequent Flyer Points:

At TripADeal we do not arrange seat selection. It is important to highlight that some Airlines do not allow pre-selected seats. We strongly suggest you contact the Airline directly with seating allocation requirements and or arrive at the airport earlier to arrange your seating. While we do not add frequent flyer member details to bookings, you can do this directly with the Airline once you have your flight information.

Passport Validity:

Customers are required to provide valid passport details either at the time of purchase, or no later than 45 days prior to departure date. Failure to do so may result in cancellation of the booking. In this instance customers will be responsible for any costs and fees incurred.

COACH TOUR

Meals:

Daily breakfast is included in the tour, for all other meals; lunches and dinners the tour leader (when available) will offer assistance with reservations, suggestions and directions to local restaurants. It is your responsibility to notify TripADeal of any dietary requests/requirements.

Please note: we will do our best to meet your requests/requirements, however cannot guarantee that we will always be able to.

Luggage:

You will be responsible for all your personal belongings whilst on the tour. With regards to luggage, you must carry your own luggage from the coach to the hotel room and back to the coach. The driver will assist with the uploading and off-loading of the luggage from the coach.

OTHER

Fitness Level Required / Mobility:

Our vehicles are not equipped with wheelchair access, so unfortunately our tours are currently not suitable for wheelchair users and those less mobile. Please be aware this trip includes some light grade trekking of up to 3 to 4 hours on a level path.

Please note: a general level of fitness will be required. If you have any concerns please consult your healthcare provider prior to purchase/travel.

Yellow Fever:

A valid international certificate of vaccination against Yellow Fever is required in many countries. You may need to present this on arrival at the airport or border crossing. Some countries will refuse entry if you are unable to present your certificate. It's also quite common for your home country to request a Yellow Fever certificate on your arrival back home. It

is your responsibility to check with your doctor well in advance of leaving home about the Yellow Fever requirements for the countries you'll be visiting.

Gratuities / Tipping:

- Gratuities (tips) are not included in the tour price for services of the tour leader (when available) and driver throughout the tour. The recommended tip is \$6AUD per person per day this covers the guide/leader and the driver, which will be collected whilst on tour.

- Tipping for all services provided on tour is always a matter of personal discretion, however please be aware that tipping is considered by many locals to be a part of their normal remuneration and they may approach you for payment and there is no need to be intimidated by the request.

Sightseeing:

Please note: In the event entrance to a site is affected by changes in operating hours or public holiday closures, your itinerary will be adjusted to ensure you do not miss out on the experience.

Shopping:

Shopping overseas can be a daunting and confusing experience, especially when there is a language barrier. Please be very cautious when foreign currencies and prices are involved. If paying by credit card, please pay close attention to the amount you are being charged and keep all of your receipts.

Do not make any purchases you are not comfortable with or feel pressured into. If you are uncertain or need assistance with the language barrier, please seek assistance from your Tour Guide/Leader.

Please refer to our Terms and Conditions in regards to shopping for further information.

VISAS



IMPORTANT INFORMATION

A tourist visa for Nepal is a strict requirement if travelling on an Australian Passport. This can be arranged on arrival for \$30 USD, valid for 15 days. Visitors should arrive with USD currency and 2 passport sized photos.

Please note: Passengers who are not Australian citizens must check with the respective consulate or visa agency to determine what their visa requirements are and what personal identification is required. It is also important to note, some areas of employment such as journalism, government authorities and charity organisations may have additional restrictions in applying for Visas. This may in turn affect the type of application required.

INSURANCE

We are proud to offer a range of travel insurance products - please ask your Travel Consultant for more information.

SCHEDULE OF FEES

Voluntary Changes

This includes booking changes requested by you, including but not limited to those changes requiring an airline ticket or a Purchase Confirmation reissue.

- 1st Change - \$100.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.
- 2nd Change - \$150.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.
- Subsequent changes - \$250.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.
- Changes within 30 days of departure \$350.00 person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.
- Changes within 14 days of departure \$500.00 per person + any additional

charges applied by the airline/cruise company/accommodation/other travel provider.

Name Changes Due To Passenger Error

- If the incorrect name has been advised to TripADeal, charges of \$150.00 per person + any additional charges applied by the airline/cruise company/accommodation/other travel provider.